

NOVA SCOTIA JUNIOR CURRICULUM EXPECTATIONS

Subject/Strand	Grade 4	Grade 5	Grade 6
Health Education	<p>B4.3 demonstrate a knowledge of ways that some long-term diseases and medical conditions can be managed</p> <p>B7.1 participate in a broad range of physical activities</p> <p>C1.1 demonstrate an awareness of the influence of family practices and values on their food choices</p> <p>C2.1 demonstrate an awareness of the ways that friends, family, and community groups can support health decision making</p> <p>C4.1 demonstrate proactive strategies for enhancing the social and environmental health of the school</p>	<p>B4.4 identify and practice strategies for maintaining a healthy heart</p> <p>B7.1 participate in a broad range of physical activities</p> <p>B7.2 engage in cardiorespiratory exercise and identify its benefits</p> <p>C1.1 demonstrate an awareness of the influence of family practices and values on their lifestyle choices</p> <p>C4.1 demonstrate proactive strategies for enhancing the social and environmental health of the community</p>	<p>B7.1 participate in a broad range of physical activities</p> <p>B7.2 identify the effects of a regular physical fitness program on the body systems</p>
	Grade 4	Grade 5	Grade 6
Physical Education	<p>Doing</p> <ul style="list-style-type: none"> - demonstrate motor skills in all movement categories using efficient and effective body mechanics - participate regularly in a variety of activities that develop and maintain personal physical fitness <p>Valuing</p> <ul style="list-style-type: none"> - demonstrate positive attitudes toward and an appreciation of physical activity through participation <p>Dance</p> <ul style="list-style-type: none"> - demonstrate ways to travel, changing speed and direction, in response to a variety of rhythms - perform simple rhythmic actions to songs 	<p>Doing</p> <ul style="list-style-type: none"> - demonstrate motor skills in all movement categories using efficient and effective body mechanics - participate regularly in a variety of activities that develop and maintain personal physical fitness <p>Valuing</p> <ul style="list-style-type: none"> - demonstrate positive attitudes toward and an appreciation of physical activity through participation <p>Dance</p> <ul style="list-style-type: none"> - demonstrate and participate in a variety of dance steps 	<p>Doing</p> <ul style="list-style-type: none"> - demonstrate motor skills in all movement categories using efficient and effective body mechanics - participate regularly in a variety of activities that develop and maintain personal physical fitness <p>Valuing</p> <ul style="list-style-type: none"> - demonstrate positive attitudes toward and an appreciation of physical activity through participation <p>Dance</p> <ul style="list-style-type: none"> - perform dance sequences that show smooth transitions between movements
	Grade 4	Grade 5	Grade 6
English Language Arts	<p>1.1 explore and discuss their thoughts, ideas, and experiences and consider those of their peers</p> <p>1.3 explain personal opinions and respond to the questions and opinions of others</p> <p>1.4 listen critically to others' ideas or opinions</p> <p>2.1 contribute to conversations, small-group and whole-group discussion, showing an awareness of when to speak and when to listen</p> <p>2.3 give and follow instructions and respond to questions and directions</p> <p>2.4 engage in and respond to oral presentations</p>	<p>1.1 contribute thoughts, ideas, and experiences to discussion, and ask questions to clarify their ideas and those of their peers</p> <p>1.3 explain and support personal ideas and opinions</p> <p>1.4 listen critically to others' ideas or opinions</p> <p>2.1 contribute to and respond constructively in conversation, small-group and whole-group discussion, recognizing their roles and responsibilities as speakers and listeners</p> <p>2.3 give and follow precise instructions and respond to questions and directions</p> <p>2.4 engage in, respond to, and evaluate oral presentations</p>	<p>1.1 extend and reflect on their thoughts, ideas and questions and compare their ideas with those of peers and others</p> <p>1.3 defend and/or support their opinions with evidence</p> <p>1.4 listen critically to others' ideas or opinions and points of view</p> <p>2.1 contribute to and respond constructively in conversation, small-group and whole-group discussion</p> <p>2.3 give and follow instructions and respond to a variety of questions and instruction</p> <p>2.4 engage in, respond to, and evaluate a variety of oral presentations and other text</p>

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English Language Arts	<p>3.1 show basic courtesies of conversation in group interactions</p> <p>8.1 use strategies in writing and other ways of representing</p> <p>8.2 experiment with different ways of making their own notes</p> <p>10.5 select, organize, and combine relevant information from two or more sources to construct and communicate meaning</p>	<p>3.1 demonstrate an awareness of the needs, rights, and feelings of others by listening attentively and speaking in a manner appropriate to the situation</p> <p>8.1 use a range of strategies in writing and other ways of representing</p> <p>8.2 expand appropriate note-making strategies from a growing repertoire</p> <p>10.5 select, organize, and combine relevant information, from three or more sources to construct and communicate meaning</p>	<p>3.1 listen attentively and demonstrate awareness of the needs, rights, and feelings of others</p> <p>8.1 use a range of strategies in writing and other ways of representing</p> <p>8.2 select appropriate note-making strategies from a growing repertoire</p> <p>10.5 select, organize, and combine relevant information from several sources to construct and communicate meaning</p>
	Grade 4	Grade 5	Grade 6
Science		Maintaining a Healthy Body - describe nutritional and other requirements for maintaining a healthy body (302-9)	